



**INTRODUCTION TO COMPETITIVE SWIMMING**  
THROUGH A TWO-WEEK CLINIC

MONDAY, SEPTEMBER 20, 2010 - FRIDAY, OCTOBER 1, 2010  
FROM 6:30 P.M. TO 7:30 P.M.

REGISTRATION: MONDAY, SEPTEMBER 20<sup>th</sup> @ 5:30 P.M.

PLACE: BALDWIN HIGH SCHOOL POOL LOBBY

FEE: \$50.00 (NON-REFUNDABLE)

ELIGIBLE AGES: 7 YEARS OLD TO 18 YEARS OLD

ABILITY LEVEL: SWIMMER SHOULD BE ABLE TO SWIM THE LENGTH OF A 25-YARD POOL; PERFORM FREESTYLE AND/OR OTHER STROKES DURING A 1-HOUR PRACTICE. THIS CLINIC IS AN INTRODUCTION TO COMPETITIVE SWIMMING AND SHOULD NOT BE CONSIDERED A SUBSTITUTE FOR SWIM LESSONS.

SWIMMERS SHOULD COME READY TO SWIM THE NIGHT OF REGISTRATION. HEALTH INSURANCE VERIFICATION AND PAYMENT ARE REQUIRED AT THE TIME OF REGISTRATION.

THE BWSC ENCOURAGES FUN THROUGH COMPETITIVE SWIMMING, GENERATING TEAM SPIRIT AND DISCIPLINE WHILE PROVIDING SATISFACTION FROM INDIVIDUAL ACCOMPLISHMENTS. INCLUDE YOUR CHILD IN THIS WONDERFUL OPPORTUNITY.

FOR MORE INFORMATION [HTTP://WWW.BALDWINSWIMMING.COM](http://www.baldwinswimming.com)  
OR EMAIL [BWSC@AMSWIM.ORG](mailto:BWSC@AMSWIM.ORG)

***THIS PROGRAM IS SEPARATE FROM THE BALDWIN HIGH SCHOOL  
PLEASE DO NOT CALL THE HIGH SCHOOL FOR INFORMATION***